



Loreto Abbey Secondary School, Dalkey



SPRINT FOR SOUTH SUDAN 2025

After the hugely successful community and fundraising event 'Run for Rumbek' in March 2024 – and now with a second Loreto School being built in Aweil in South Sudan, spearheaded by the inspirational Sr Orla Treacy, Loreto Dalkey are so excited to launch our Fundraising event for 2025, 'SPRINT FOR SOUTH SUDAN'.

Dust off your runners and get ready for another amazing day of fun, community spirit and most importantly fundraising for our sister school in South Sudan. Run for Rumbek raised an amazing €27k thanks to generous fundraising and donations from families, local businesses and corporate sponsorship. We hope to do the same again this year.

What happens on the day?

On March 8th, the grounds of Loreto Dalkey will come alive with a festival vibe. Throughout the day there will be live music, games, fun activities and food and hot and cold beverages will be available to purchase from The Last Lap coffee van and of course the pitch full of lots of enthusiastic runners and walkers raising money for South Sudan.

Whether you run or not, we encourage all members of the Loreto Dalkey community to come and enjoy the day !

How can I join in?

To sign up will cost a minimum of €25 and each participant will run or walk 5km. There will be limited spots so make sure to sign up early.

We encourage all participants to generate additional funds and for all parents in each Year group to support runners and walkers from the Year through sponsorship.

If you would like to participate, please email sprintforsudan@loretoabbeydalkey.ie and you will receive a Google Form for completion. You can choose morning or afternoon, however, we may need to allocate a time depending on the number of responses and safety requirements. There can only be a maximum of 20 runners or walkers on the track at each time.

Virtual Option; If you cannot attend in person, remote participation is possible once you have signed up and provided the minimum donation of €25. All you do is provide a personal running or walking time that you have tracked from earlier in the day.

Family Fun – Short Sprint for South Sudan

We would like the younger siblings to join in the fun. Younger members of families can participate on a smaller adjacent pitch at the same time as Mum or Dad participates in the adult event, so make sure to sign up brothers and sisters.

Double Donations with Benevity

Loreto Rumbek is registered with Benevity so if your company uses Benevity for employee donations, you can make any donation through them and your organisation will match your donation.

Other Information

Each participant must have a fitbit/strava or similar APP to log individual distance on the day.

Our leaderboard will provide live updates of current leaders on our social media platforms.

This year, our ambition is to encourage all types of people including runners, walkers and families to participate and enjoy this hugely rewarding experience in the beautiful surroundings of Loreto Abbey Dalkey.

What this means for Young Women and Girls in Sudan

All contributions are so gratefully received by the Loreto Order in South Sudan. South Sudan is a very unstable country especially for girls and young women. The need for boarding school accommodation is greatest as the risk of assault of going to and from school is commonplace.

- €400 provides one Primary School girl with education, food and healthcare for one year.
- €1,200 provides one Secondary School girl with boarding accommodation, food, education and healthcare for one year

Your contribution makes it possible for young women to gain a Loreto education and improve the standard of living for themselves and their family. It gives young women the opportunity to learn and love the Loreto values of truth, freedom, justice and sincerity and joy in South Sudan as they do in Ireland.